

**LIFE
IS LIKE
A BOX OF
CHOCOLATES:**



You never know
what you're gonna get
until you bite into it.

The Meaning of Life
A FIVE WEEK CRASH COURSE

What is the meaning of life? It may possibly be the most asked question in history. After all, we're all trying to make the best of the time we have, not knowing how long it will be. But what is our potential, and how can we reach it?



For the past eighteen years, The Westwood Kehilla has been helping people answer these and other important questions. We'd like to welcome you to our five-week crash course on the meaning of life. This course will look at the purpose of life from a Jewish perspective, drawing upon the wisdom of Jewish thinkers to guide us in our modern lives. With a wide spectrum of topics, you will be challenged, inspired and enlightened.

No matter what your affiliation, if you have the questions, we'd like to journey with you to find some answers.



Purpose

Yogi Berra once said, "a person who doesn't know where he is going will probably always end up somewhere else." In this first session, we will grapple with life's ultimate, and most exciting, question—"what's it all about?" From love to spirituality, happiness to making the world a better place, our exploration of life will begin with these ideas and how they fit into the opportunity we call life.

Pleasure

Whether your taste is a smooth cup of cappuccino, a glass of fine wine or an intimate embrace, this session will explore the deeper meaning of life's many pleasures, and how to indulge in them wisely.



Love

It's moving. It's profound, and for many, it's life's ultimate experience. Love may not be all you need, but it's close. Join us for a fresh look at one of life's great mysteries—its meaning, implications and how to access its deepest dimensions.

Integrity

The only thing harder than finding a person with integrity is being one yourself. A surprising look at the role of character, core values and tough choices—how they shape our decisions and define our lives.



Legacy



Many of our lives have been touched by a special person—a thoughtful word, a helping hand, a moment of encouragement. What does it take to be a person who makes a difference—who leaves a legacy of a better world?

COURSE LOCATION & TIMES

The Westwood Kehilla
10523 Santa Monica Boulevard

Tuesdays at 8:15 p.m.

Five sessions, beginning Tuesday, May 7 • Free Admission

TO REGISTER

Please call **(310) 441-5289**

or email outreach@kehilla.org